

Employee Financial

Wellness Program



We all face financial decisions. Some good, some bad. Some voluntary, some not so much. Whether your employees are expecting a new baby, facing an unexpected medical expense, or preparing to buy their first house, GreenPath is here to guide staff to make informed financial decisions.

Life happens:

You can't ignore the facts:

- 80% of people say their personal finances keep them awake at night.¹
- 71% of employees say their top source of stress is personal finances.³
- 58% of employers say financial "illness" plays a role in employee absenteeism.²

As many as 30 million employees may be physically "at work," but, because of stressors, they can easily be distracted and not performing efficiently or effectively.⁴

Employee financial wellness also has a direct impact on your company's health care costs:

According to Gallup, employees who are thriving in overall well-being, have 41% lower health related costs than employees who are struggling, and 62% lower costs than employees who are suffering.

Have you thought about how employee financial stress is impacting your organization?

Employee financial wellness programs can help improve your organization's bottom line by:

- Reducing absenteeism and sick-time usage
- Reducing financial-related stress
- Increasing retention and employee loyalty
- Improving productivity
- Minimizing 401(k) loan usage

By limiting personal financial distractions in the workplace, employers can potentially save as much as \$5,000 per employee, per year.⁵

¹ American Psychological Association - Stress in America Survey, 2015

² MetLife - 9th Annual Study of Employee Benefit Trends, 2011

³ SHRM - Financial Wellness in the Workplace, 2014

⁴ Garman - Financial Distress Among American Workers, 2005

⁵ Kadlec - Proof that Workplace Financial Education Works, 2012